



# THE PITCH

September 2011

## Season Start 2011—2012

Welcome back! It's great to see so many players and families returning to our Club. We also extend a special welcome to players and families who are new to the Club.

Many thanks to all our members who assisted the club with our successful series of Try Baseball days in July & August.

From these events and your assistance in promoting the club we have established 13 junior teams, covering all age groups offered in the Ryde Hornsby Baseball League (RHBL), a great achievement for our club this season.

We will also be introducing 'Aussie T Ball' to the club. This is a new initiative from

the Australian Baseball Federation and we look forward to seeing this program widely promoted within our community.

Our range of junior teams is

- 2 x Aussie T-Ball
- 1 x U8
- 1 x U9
- 1 x U10
- 2 x U11
- 2 x U12
- 3 x U14
- 2 x U16

Not to be outdone, our senior teams have also grown this season. At present we are looking to provide the following seniors teams in the PCBL competition:

- 2 x B Grade,
- 4 x D Grade,
- 1 x E Grade and
- 3 x G Grade.

To all these Macquarie junior and senior teams

we wish you an enjoyable season.

There are still spaces available in several of these teams, so if you're keen to play, or know someone who is, come sign up soon. Contact Sue Nicoll or John Elliot.

The juniors and seniors seasons are due to start on the 16<sup>th</sup> / 17<sup>th</sup> September and we wish all our teams a great start to the season.

Finally, the winter season is over and 4 of our 5 senior teams made the semis, with 3 making the grand finals. Well done to all our winter teams.

Good luck to everyone for summer.

Best wishes,  
Dave Rubie  
Club President





## Player Helmets Health and Safety Special prices for helmets

The helmet is the most important piece of safety equipment for any player.

Whilst the Club will provide helmets for all junior and senior teams to share, we strongly encourage players at all levels to buy their own helmets.

Owning your own helmet is not only a safety issue, but also a health issue minimising the risks of acquiring infection such as head-lice.

And let's admit it, no-one likes putting on a sweaty shared helmet after the last player has just run home !

To keep player costs down, the Club has arranged [special prices for helmets](#) from Red Stitches for our players. See details on page 7. Take the page to Red Stitches or bring it to the Saints canteen on 10 September to get these special prices.

## Saints Canteen

The Saints canteen at Pioneer on Saturday mornings is an important part of the Club and its life.

Not only is it a key fundraiser for the Club, enabling us to keep other costs down, but we are required to run it under the RHBL competition rules.

All junior teams will be rostered for canteen duty at least once throughout the season.

It's expected that all families participate in this key fundraising activity for the club.

In addition to our normal Saturday canteen duty, we occasionally host

representative games on Sundays and provide a canteen service.

From time to time we will be requesting families to volunteer *an hour* of their time to assist.

Please be prepared to do your bit for the club.

Submit and read weekly match reports on the  
[Club website](#).



## Support Saints “Junior Blues”

One of our Club goals is to develop our juniors and encourage further participation within the club, improve understanding of the game and learn & demonstrate leadership skills.

With this in mind we have continued the program we initiated 2 years ago to develop junior umpires within the club.

Our junior blues are again being co-ordinated and supported by Jason Shrimpton. Thank you Jason!

We have 5 junior blues returning from last

season (Forrest Fisher-Johnson, Zac Martin, Sarah Nicoll, Gabby Ferreira and Nick Lawrence).

Any juniors wishing to undertake their Level 0 training to become a Junior Blue should contact Jason at [juniorblues.macquarie@gmail.com](mailto:juniorblues.macquarie@gmail.com)

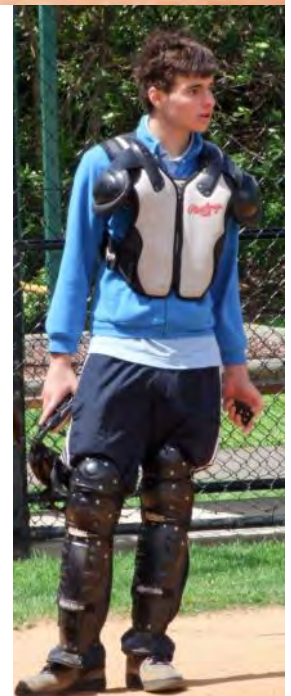
Junior umpires receive initial training paid by the Club.

In order to support our junior umpires, all team coaches, managers and parents of teams using their services have a responsibility to ensure a supportive &

co-operative environment.

Our junior umpires will be assisting the junior Tee Ball, Zooka and live ball games up to U12B's. Gabby and Nick will be training for their Level 1 umpiring certificates this season, enabling them to join Forrest umpiring A grade games.

Please support, respect and encourage our junior blues. If any parent is interested in umpiring, please contact Jason at [juniorblues.macquarie@gmail.com](mailto:juniorblues.macquarie@gmail.com)



## Parents T-Ball Gala Day Date to be advised

Start training now!

You should be preparing now for the annual Saints Parent's T-Ball Gala Day tournament to be held later in the season.

Put together a team of parents from your children's team and show them how to do it.

The Parent's T-Ball Gala Day is a fun social morning and no prior experience is necessary.

We would like to have at least 6 teams playing this year. Each team must have at least 9 players and at least 4 females must be on the field in each innings. A

husband and wife may register individually or as a pair but, if playing as a pair, only one may be on the field or bat in an innings.

The date for the tournament event of the year will be announced when the junior and senior draws are finalised.



# Saints



## Learn to score Scoring seminars

Scorers perform an important role in the Club. All our teams rely heavily upon our volunteer scorers and we thank them all.

Many scorers get roped into the role and learn as they go. But it's important that scorers know how to score properly, especially as teams get more competitive. Quality scoring can also help coaches prepare team

line-ups as the season evolves.

The scorers associations will conduct Scoring Seminars and Accreditation Clinics in various associations this summer.

All scoring seminars are as follows:

**Where:** Sports House  
6A Figtree Drive,  
Sydney Olympic Park  
(All rooms indicated

below are at Sports House)  
**Time:** 6:30 for 7:00pm start

Dates and seminars are as follows:

**Intermediate Live Ball:**  
Tuesday 20th  
September - Ken Brown  
Room #2

**Beginner Live Ball**  
Thursday 29th  
September - Ken Brown

*(Continued on page 6)*

## Learn to umpire Level O umpiring courses

Each of our competition teams has to provide an umpire for our home games. Our Junior Blues do a great job but we always need more, whether new Junior Blues or parents getting involved in the sport.

The first step in becoming an umpire is doing the Level O course.

RHBL is running a Level O course on 22 September at ELS Hall . The NSW Baseball

Umpires Association is running its next Level O course on 19 September at Blacktown Olympic Park.

This course will introduce you to the responsibilities, skills and rules of baseball umpiring. Instruction will be to the standards required by the ABF. There is no assessment, however there will be some practical instruction during which participants will

be introduced to umpiring techniques.

This course is the minimum level of training our umpires should have to officiate at our games. At completion of the course participants will be registered with the Level O qualification .

Players and parents are encouraged to attend this course. Players 12 yrs and older are encouraged to attend

*(Continued on page 6)*



## Learn to coach Beginners coaching course 10 & 17 October

Coach the Coaches (CTC) – Beginners Course is an RHBL development initiative designed for parents and volunteers, that are new to baseball coaching, or just interested in assisting with coaching this season. It is also geared for existing or returning coaches that require a general refresher course.

The CTC Beginners Course replaces the previous 'Level 0' course – and is a RHBL mandatory requirement for all NEW coaches.

The course will be run by Ric Wickham - a highly respected and experienced RHBL/ BNSW - Baseball Coach and Head Instructor.

It is a 'hands on' course that will provide you with the relevant level of skills and knowledge to teach the basics in throwing, catching, fielding, running and batting. You will get

to experience, understand and learn the same training drills - used to coach junior players.

### **Beginning Coaching General Principles – Online Course Component**

Course attendees are also required to complete the Australian Sports Commission (ASC) – '[Beginning Coaching General Principles](#)' online course.

It is recommended that you complete the course before the start of the CTC Beginners Course. The online course is simple and is focused on other important aspects relating to coaching children – it is mainly common sense based and applies to all sports.

Upon completion of the online component – you will be able to download your certificate.

A copy of the certificate is to be emailed to the RHBL Coach Executive – as proof of completion.

### **Coach The Coaches (CTC) – Beginners Course Details:**

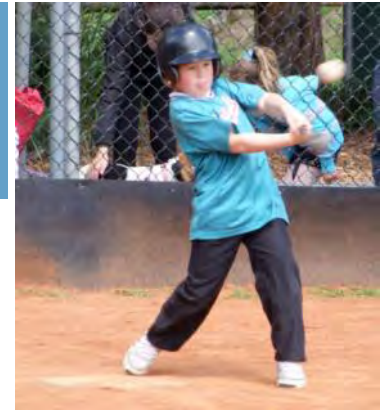
Venue: ELS Hall Park - Kent Road, North Ryde. *Wet Weather:* Course will be held at the Ryde Council Sports Centre – Meeting Room, ELS Hall Park - Kent Road, North Ryde

**Course Dates:** The course will be held over 2 nights. *Session 1* - Monday 10th October. *Session 2* - Monday 17th October. Please Note: You MUST attend all 2 sessions to complete the course

**Course Times:** 7.00pm to 10.00pm - (arrive 6.45pm for 7pm start). Attendees to arrive at 6.30pm on Monday 12th Sept - to allow for registration.

**What to Bring:** All

*(Continued on page 7)*





## Learn to score Scoring seminars

*(Continued from page 4)*  
Room #2

**Advance Live Ball**  
Tuesday 4th October -  
Ken Brown Room #2

**T-Ball**  
Thursday 13th October  
- Pacific Room

**State Cup Scoring  
Seminar**  
Thursday 15<sup>th</sup>  
September 2011 - Ken  
Brown 1 and 2 Rooms

**Accreditation Clinics  
Level 1 Clinics**  
Thursday 13th October  
- Arafura Room  
Thursday 20th October  
- Arafura Room

Thursday 27th October  
- Arafura Room  
Thursday 3rd  
November - Arafura  
Room

**Level 2/3 Clinics**  
Tuesday 20th  
September – Tasman  
Room  
Tuesday 27th  
September – Tasman  
Room  
Tuesday 11th October –  
Pacific Room  
Tuesday 18th October –  
Tasman Room  
Tuesday 25th October –  
Tasman Room  
Tuesday 1st November  
– Pacific Room

For further information

on the NSW Scorers  
Association please  
contact  
[eteasdale\\_07@yahoo.co  
m.au](mailto:eteasdale_07@yahoo.com.au)

The Club can also offer  
scoring lessons so that  
our scorers have the  
confidence to score  
properly.

If you would like to  
learn how to score,  
please contact [Janine  
Hunt](#) and she will  
arrange training. Janine  
is one of the State's  
senior scorers and the  
RHBL scorer's co-  
ordinator.

## Learn to umpire Level O umpiring seminars

*(Continued from page 4)*

**RHBL VENUE:** ELS  
Hall Oval, North Ryde  
at 6.45 pm

**NSWBUA VENUE:**  
Baseball Function  
Room, 91 Eastern  
Road, Rooty  
Hill, NSW at 6:30 pm  
registration for a 7:00  
pm start.

**COST: RHBL:** Nil  
**NSWBUA** \$25.00 per  
person reimbursable by  
the Club.

**REQUIRMENTS:**  
No special equipment  
required. Participants  
will be involved in  
some light physical  
activity. Please wear  
comfortable clothing  
which will allow for  
some running, bending

etc. A glove will be  
required

For full NSWBUA  
details contact Jason  
Shrimpton.

For full NSWBUA  
details go to [http://  
members.nswbua.org/  
Default.aspx?  
pageId=334236&eventI  
d=368512&EventView  
Mode=EventDetails.](http://members.nswbua.org/Default.aspx?pageId=334236&eventId=368512&EventViewMode=EventDetails)

## Show your support Buy a Saints Cap

How great does it look when all the team's supporters are wearing Saints caps? How great would it look at Sydney BlueSox games if the stands were filled with Saints caps?

Parents, support your junior team this season by buying a Saints cap and wearing it to the games.

Let's show a Club presence at the games and show how proud

you are of your team. As a Club, we really want to build and show our support for our teams this year.

Caps are available from the Club canteen.



## Volunteers Wanted

As with any Club, we thrive on the energy and input of our volunteers. We are fortunate to have a solid core group of people who run the Club, run the canteen, co-ordinate umpires, coach, manage, score and umpire. But there is always room for more !

At present we need volunteers to act as

- Canteen Co-ordinator;
- Photo Co-ordinator;
- Trophies Co-ordinator;
- work on the organisation of social events; and
- to prepare this newsletter (perhaps a student of communications or marketing?).

The Club will support the training of anyone who wishes to coach, score or umpire.

If you want to help in any way, please get in touch with any of the Committee (see the back page 11) who can usually be found somewhere around Pioneer or Waterloo on a Saturday.

## Learn to coach Beginners coaching course

*(Continued from page 5)*  
course attendees will be participating in basic training drills, so please bring casual sports wear (t-shirt, track pants, running shoes, baseball cap. jacket (if cold)), baseball glove, baseball bat (a junior

bat is ok), bottled water (if required).

**Coaching Accreditation:** Once you have completed the CTC – Beginners Course, you can apply for a Level 1 Coach accreditation. The

RHBL will provide accreditation material and coaching workshops. For more information regarding the [new accreditation scheme](#)

[Register Here](#)





*Saints*



## RED STITCHES HELMET SPECIALS

Saints has arranged special prices on helmets for our junior and senior players.

Present this page at the Saints Canteen (with correct cash) on 10 September or at the Red Stitches shop (Shop 7, 100 Pacific Highway, Waitara — entrance of Romsey St) to receive special prices on helmets.



### Helmets

All-Star T-Ball helmet for juniors normally \$30.00. **Saints special price \$21.00**

All-Star One-size-fits-all helmet for juniors and seniors normally \$40.00.

**Saints special price \$30.00**

All-Star extra large One-size-fits-all helmet for juniors and seniors normally \$40.00. **Saints special price \$35.00**

Available in Black, Red or Navy Blue. All-Star helmets meet NOCSAE standards.

Reliance Baseball T-Ball helmet normally \$31.00. **Saints player price \$28.00**

Available in Black, Red or Royal Blue.

### Helmet sticker kits — \$3.95

Ensures your helmet won't get placed in the team kit!!

Contains name tag sticker for inside and player numbers for the back of the helmet (just like the pros!)

### Chin straps

All-Star black chin strap \$2.20. All-Star coloured chin strap \$3.10.

Reliance coloured chin strap \$4.95.

### Groin Protectors

RHBL recommends all juniors wear groin protectors. Saints Club policy is that all juniors playing Zooka or Live-ball wear groin protectors and recommends that players playing T-ball wear groin protectors.

Reliance junior groin protectors: \$7.70 without jockstrap, \$25.00 with jockstrap

Reliance senior groin protectors: \$8.30 without jockstrap, \$25.00 with jockstrap

### Order

Circle the items (and colour) you require above. Deliver this page to the Saints Canteen (with correct cash only) on 10 September or to the Red Stitches shop.

Name: \_\_\_\_\_

Team: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Total: \$ \_\_\_\_\_



# Saints

## SUPPORT OUR SUPPORTERS



Suppliers of quality coffee to the Saints Club

98076033

[www.schibellocaffe.com](http://www.schibellocaffe.com)



Sponsors of Saints Aussie T-Ball teams

0448 604 484

[ryde@yourcsp.com.au](mailto:ryde@yourcsp.com.au)

[www.yourcsp.com.au](http://www.yourcsp.com.au)



Suppliers of quality meats to the Saints Club

02 9878 3533

[www.themeatboutique.com.au](http://www.themeatboutique.com.au)



Donor for Saints fundraising events

9489 7007

[www.redstitches.com.au](http://www.redstitches.com.au)



Provider of venues for Saints Club meetings





*Saints*



### Saints Contacts

Macquarie Saints Baseball  
Club Inc

PO Box 3727  
Marsfield NSW 2122

[www.saints.asn.au](http://www.saints.asn.au)

<b>President</b>	<b>Dave Rubie</b>	<a href="mailto:david.rubie@dematic.com">david.rubie@dematic.com</a>
<b>Vice President—Seniors</b>	John Elliott	<a href="mailto:john.elliott83@gmail.com">john.elliott83@gmail.com</a>
<b>Vice President—Juniors</b>	Sue Nicoll	<a href="mailto:nicoll.sj@hotmail.com">nicoll.sj@hotmail.com</a>
<b>Treasurer</b>	Bill Elliott	<a href="mailto:billee@tpg.com.au">billee@tpg.com.au</a>
<b>Secretary</b>	Nicole Hansl	<a href="mailto:nicolehansl@optusnet.com.au">nicolehansl@optusnet.com.au</a>
<b>Registrar</b>	Angelo Montesano	<a href="mailto:a.montesano@gmail.com">a.montesano@gmail.com</a>
<b>Scoring Co-ordinator</b>	Janine Hunt	<a href="mailto:jhunt2502@yahoo.com">jhunt2502@yahoo.com</a>
<b>T-Ball Co-ordinator Child Protection Officer</b>	Julianne Ferreira	<a href="mailto:ferreiras@optusnet.com.au">ferreiras@optusnet.com.au</a>
<b>Umpire Co-ordinator</b>	Jason Shrimpton	<a href="mailto:juniiorblues.macquarie@gmail.com">juniiorblues.macquarie@gmail.com</a>
<b>Club Coach</b>	Gary Renouf	<a href="mailto:grenouf@optusnet.com.au">grenouf@optusnet.com.au</a>